

Soap + Hydrogen Peroxide + Vinegar Recipe to Reduce Germs to a Safe Level:

- Hydrogen peroxide (3% solution)
- Distilled white vinegar (5% acetic acid)
- Two spray nozzles – one for the vinegar and one for the hydrogen peroxide
- One spray bottle – for the vinegar



1. Clean the surface of large debris and wash with soap and water. Dry with a clean cloth.
2. Fill one empty spray bottle with undiluted distilled white vinegar.
3. Just screw a spray nozzle onto the brown bottle of hydrogen peroxide, since you want to keep it in its original bottle to protect it from light.
4. Start with either the vinegar or the hydrogen peroxide; the order doesn't matter. After cleaning the surface, mist the surface with the contents of one bottle, let it sit for at least 5 minutes, wipe with a clean cloth, then repeat with the second bottle.

IMPORTANT: Do not mix the two liquids in one bottle or on the surface – they form peracetic acid which is unstable IN THIS FORM.

CLEANING BUSINESS TODAY 

Dr. Susan Sumner - UNC Gillings School of Global Public Health